

PERSONAL COACHING CONTRACT AND WAIVER

COACHING CONTRACT

I hereby contract BarryS Coaching, LLC as my personal coach for endurance sports. I agree to pay for services up front at the rate of _____ per month with a _____ month minimum commitment for Daily Workouts and a one-time fee of _____ for the Start-up Services. I understand that payment is due in advance of receiving said services.

WAIVER AND RELEASE FROM LIABILITY

In consideration for being accepted as a client by BarryS Coaching, LLC for the purposes of improving my fitness, I hereby attest that I am in good health, my statements in the Personal Evaluation are accurate to the best of my knowledge, and my physical condition has been verified by a licensed medical doctor. I fully understand the risk inherent in such a fitness program and accept for myself, my heirs, and my personal representatives, full responsibility for personal bodily injury, death, or property losses which may occur as a result of my being a part of this program or engaging in training sessions. I hereby indemnify and save and hold harmless Barry Stokes and BarryS Coaching, LLC from any loss, liability, damage, and cost I may incur due to my participation in this program. I have read and voluntarily signed the waiver and release from liability, and further agree no oral representations, statements, or inducements apart from the foregoing written agreement have been made.

I have read the Personal Coaching Contract and Waiver above. Any questions have been answered to my satisfaction. I agree to its terms.

Please PRINT your full name _____

Signature _____ **Date** _____

If you have any questions, please call Barry Stokes at 502-551-7879. Please sign and return one copy and retain a copy of this Personal Coaching Contract and Waiver for your own records.